



IMA TELlicherry NEWS LETTER – MAY 2020

MISSION COVID 19

Meeting with MLA, Sub Collector, eminent doctors, Police Departments by IMA President Dr.Sajeev Kumar and IMA Secretary Dr.Jayakrishnan Nambiar is being done daily to assess the day to day activities of the various health workers, police department etc..

05.05.2020: Zoom Meeting with all Superintendents of taluk, DH, GH, W&C& other major hospitals was conducted at 5pm. Presentation by Dr.Maya.Jithin, WDW Secretary.

Topic of discussion in academic session: “New born care during COVID-19 Pandemic”. Speaker: Dr.Maya K, Junior Consultant , General Hospital, Thalassery.



20.05.2020: Class given by Dr.Dhanya Chandran, WDW Treasurer, to ASHA workers regarding immunization and precautions to be taken while conducting immunization session during this covid season.



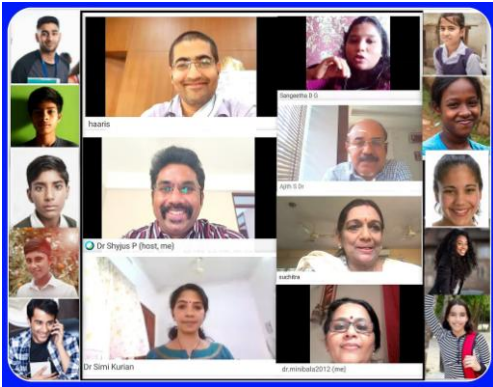
26.05.2020- At NAM HSS Peringathoor, Dr.Dhanya Chandran, WDW Treasurer, Supervised the precautions taken during Covid, while conducting exams. 840 students are writing exams.



SOCIAL ACTIVITIES

Health Education

09.05 & 10/05/2020: Adolescent Health Class for students of Gem International School by ZOOM. Dr.Suchitra Sudhir, Dr.Mini Balakrishnan, Consultant Gynaecologists participated in the programme.



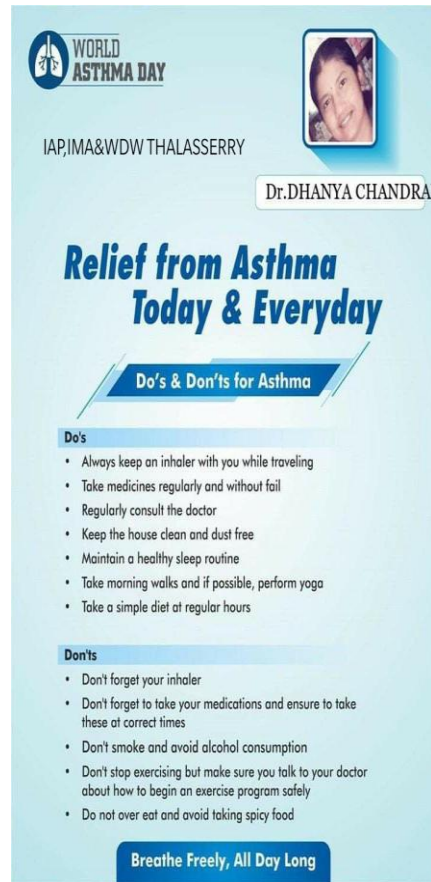
25.05.2020-As part of "Recycle Kerala" mission,Dr.Maya Jithin,WDW Secretary WDW, contributed recyclable items to CMRD fund.



OBSERVATION OF IMPORTANT DAYS

01.05.2020: World Asthma Day 2 Programmes were conducted.

1) In association with WDW,IMA & IAP conducted a World Asthma Day,distributed pamphlets to the patients visiting,PHCPeringalam by Dr.DhanyaChandran,WDW Treasurer.



2)For World Asthma Day, in association with IMA, distributed pamphlets to the patients visiting, GHThalassery by Dr.Rejna Dilnath, Consultant Pulmonologist.

IMA & WDW THALASSERY

കോവിഡ് 19 മഹാമാരി കാലത്തെ ആസ്ഥി പരിചരണവും നിയന്ത്രണവും

ലോക ആസ്ഥി ദിനം 5 മേയ് 2020

1. ന്നങ്ങളുടെ ലക്ഷണങ്ങൾ നിയന്ത്രണത്തിന് ഉപയോഗിക്കുക.
2. ന്നങ്ങളുടെ ലക്ഷണങ്ങൾ നിയന്ത്രണത്തിന് ഉപയോഗിക്കുക.
3. ന്നങ്ങളുടെ ലക്ഷണങ്ങൾ നിയന്ത്രണത്തിന് ഉപയോഗിക്കുക.
4. ന്നങ്ങളുടെ ലക്ഷണങ്ങൾ നിയന്ത്രണത്തിന് ഉപയോഗിക്കുക.

Reina Dilnath
MBBS DTCD

02.05.2020-Mothers Day-

1.During the lockdown period to boost the morale of our Doctors, we planned to pay tribute to our mother's and prepared a video of our members with their Mothers.The video has been forwarded to WDW Whatsap group.

2.Our member's daughter, Gayathri had put a beautiful Malayalam article in

“Mathrubhumi” news paper on Mother.She is D/O Dr. SreejaViswan.



08.05.2020- World Thalassaemia day

Public information article on Thalassaemia in Malayalam was written by Dr.Vineetha Raghavan , Associate Prof.Dept. of clinical Haematology. Malabar cancer centre.

World Thalassaemia Day 8th May

Give Blood Give Life

Health Thalassaemia

താലസീമിയയെ കുറിച്ചു അറിഞ്ഞിരിക്കേണ്ടത് ...

35 Mins Ago 0 View

Dr Vineetha Raghavan
Associate Professor
Dept of Clinical Hematology
Malabar Cancer Centre
Thalassery

08.05.2020- World Red Cross Day

As a tribute to our frontline workers we prepared a video projecting the life of a frontline health care warrior in the present COVID-19 pandemic times. The video has been forwarded to WDW Whatsap group.

12.05.2020: International Nurses Day

As part of nurses day, a class was given to the nurses of ICU & post LSCS , on “General newborn care during COVID-19 pandemic.”at GH ,Thalassery.



15.05.2020: International Day of Family

The interaction between our family, which we were all missing due to our busy schedule, lockdown helped us to find ample time with our family. So a beautiful video was prepared with our

families, which were the cherished moments of our life.

31.05.2020- Anti –Tobacco day

1.No Tobacco Day: Awareness Class among migrants at Peringathur by Dr.Dhanya Chandran. Dr.Dhanya Chandran and team being recognized and appreciated for their work by the Sevabharathy.



2.For No Tobacco Day, in association with IMA, distributed pamphlets to the patients visiting, GH Thalassery by Dr.Rejna Dilnath, Consultant Pulmonologist.



terminally ill patients. The funds are raised from monthly contributions from members and the public.

Pain & Palliative Donation Boxes

The boxes for raising funds for the clinic were placed in all the Private Hospitals in Thalassery and leading Medical Stores in Thalassery.

Mutual Benefit Scheme

A scheme for members conducted every year, through which members as well as the association is benefited.

MISCELLANEOUS

Nammude Arogyam:

Thalassery IMA has been the largest subscriber for Nammude Arogyam. 1660 copies being ordered this month. These copies are being distributed through various private hospitals and book stalls in Thalassery. Free copies of Nammude Arogyam were given for the participants at various medical camps & during functions conducted by IMA Thalassery.

SPECIAL PROJECTS OF THE BRANCH

IMA Pain& Palliative Care Society & Pain Clinic at Govt. General Hospital Thalassery

This prestigious project of IMA Thalassery is conducted on every Wednesday afternoon with home visits on Wednesdays and Saturdays. Doctors, Volunteers strive to bring solace to the